

This film was created by the

**Huttonsville Correctional Center**

as a joint project between...

**West Virginia**

**DOC**

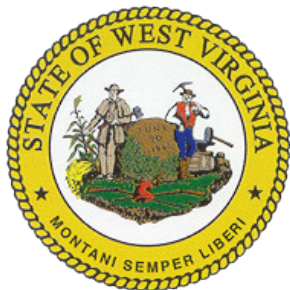
**Division of Corrections**

and

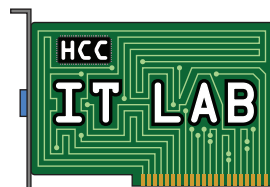
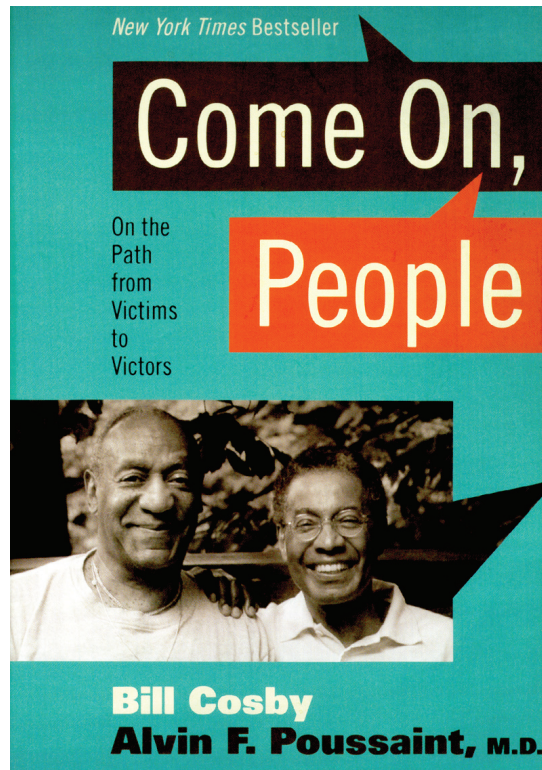
**Department of Education**

**OIEP**

**Office of Institutional  
Educational Programs**



This film was inspired by...



**Just Because...**

A film to inspire  
change by seeing  
the world in a  
different way.

With the sense of entitlement in today's society, many think that they deserve certain things in life. They develop a false sense of the way the world should work. Reality can be a sobering thing. This video presents the viewer with some realities surrounding incarceration. These viewpoints are not necessarily set in stone, but represent some common themes that troubled individuals may have to face and learn to live with. Some of these realities are uplifting and positive, while others are grounding and negative. Think about the many things you take for granted as you watch this film. Hopefully, this will break down some of your self-created delusions and open your eyes to the way the world really works. Armed with this knowledge, you should see the aspects of your life you will need to change to ensure a better, more stable future. Challenge yourself to see a different world—the real world.





- ✦ Just because you feel bad...  
...doesn't mean it's not your fault.
- ✦ Just because the food doesn't taste good...  
...doesn't mean you deserve better.
- ✦ Just because you don't like being told what to do...  
...doesn't mean you shouldn't follow orders.
- ✦ Just because you can't be made to work...  
...doesn't mean you shouldn't work at all.
- ✦ Just because your friends are convicted criminals...  
...doesn't mean you can't recognize better ones.
- ✦ Just because you're in prison now...  
...doesn't mean you have to keep coming back.
- ✦ Just because you don't have a high school diploma...  
...doesn't mean you can't earn one.
- ✦ Just because you miss your family and friends...  
...doesn't mean they miss you too.
- ✦ Just because you hate everyone...  
...doesn't mean they hate you back.

- ✦ Just because you're a father...  
...doesn't make you a dad.
- ✦ Just because you feel like a caged animal...  
...doesn't mean you have to act like one.
- ✦ Just because you don't love God...  
...doesn't mean God don't love you.
- ✦ Just because someone doesn't like you ...  
...doesn't mean you shouldn't like yourself.
- ✦ Just because you did what you did...  
...doesn't mean you can't do something different.
- ✦ Just because you are an ugly caterpillar...  
...doesn't mean you can't become a beautiful butterfly.

In nature, one of the most profound transformations happens when a caterpillar becomes a butterfly. This process is called metamorphosis. It happens as a matter of course for the caterpillar, but for humans, we must make an effort to change our lives from something ugly to something beautiful. It is not a change that happens overnight. If we don't know where we are, then we will never know how to get to where we want to go. We need to understand ourselves and the world around us to be able to make the changes that will transform us into a beautiful person. Just because you know what changes need to take place doesn't mean they will happen automatically. You will need to put forth the time and effort to make those changes. Hopefully, this film will inspire and motivate you to begin making those changes.

