

HealthCheck

Tools for Schools



FAQ

1. What is HealthCheck?

HealthCheck is the name of West Virginia's Early and Periodic Screening, Diagnosis and Treatment Program (E.P.S.D.T.). It is a federally mandated comprehensive health care benefit package for all Medicaid enrolled individuals under the age 21. The primary emphasis of E.P.S.D.T. is preventive care.

2. Why HealthCheck exams?

It is important for children and young adults to see a primary care doctor, physician assistant or advanced practice registered nurse on a regular basis to stay healthy. Check-up intervals, or periodicity, are in accordance with Bright Futures and the American Academy of Pediatrics guidelines for well-child exams.

3. What are the required exam components?

Screening services are the foundation of E.P.S.D.T. Program. Required screening services include:

- physical examination
- dental, hearing and vision screening
- immunizations
- laboratory testing, including blood lead
- developmental surveillance or screening
 - gross/fine motor
 - communication
 - cognitive
 - social/emotional
 - self-help and self-care skills
- medical history
- referral for further diagnostic and treatment services.

FAQ (Continued)



4. Is the HealthCheck form required for school enrollment?

No. The schools can accept the HealthCheck form or a similar document. Some providers have their own forms that cover all components of the HealthCheck.

5. Many forms returned to the schools appear to be incomplete. What is considered an incomplete HealthCheck form?

If anything is checked in the Developmental section, then some type of surveillance has been completed and the child should not be sent back for further documentation. If nothing is checked in the Developmental section, then the parent/guardian child needs to be sent back to the child's their medical home for further documentation. The same goes for all the other areas in the HealthCheck form, see examples below:

Complete

Oral Health Screen

Date of last dental visit 10/12/2010

Water source _____ Fluoride Yes No

Current dental problems:

Not complete - return to provider

Oral Health Screen

Date of last dental visit _____

Water source _____ Fluoride Yes No

Current dental problems:

Complete

Vision Acuity Screen (obj) R _____ L _____

Unable to obtain, re-screen in 4-6 months

Under the care of an eye doctor.

Wears glasses X Yes N

Not complete - return to provider

Vision Acuity Screen (obj) R _____ L _____

Unable to obtain, re-screen in 4-6 months

Wears glasses Yes No

FAQ (Continued)



Complete

Developmental: ✓ *Check those that apply*

Gross Motor:

Walks, climbs, runs Hops, jumps on 1 foot

Up/down stairs alternating feet, without support

Throws overhand Rides bicycle with training wheels

Fine Motor:

Builds 10 block tower Uses utensils Has manual dexterity

Draws 3 part person Puts on/removes clothes

Communication:

Uses past tense Talks about daily experiences

Speaks intelligibly Uses 4-5 word sentences

Short paragraphs May show some lack of fluency

Cognitive:

Names 4 colors Aware of gender (self and others)

Knows difference between fantasy and reality

Social:

Listens to stories Can sing a song

Plays interactive games with peers Elaborate fantasy play

Not complete - return to provider

Developmental: ✓ *Check those that apply*

Gross Motor:

Walks, climbs, runs Hops, jumps on 1 foot

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Please refer to the West Virginia Public School Preenrollment Schematic Document and West Virginia Department of Health and Human Resources (WVDHHR) - HealthCheck Education Guidance Tool at <http://wvde.state.wv.us/healthyschools/>

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